

Platz	Startnr	Vorname	Nachname	Verein	AK	AK-Platz	Nettozeit	Bruttozeit	1Rd	2Rd	3Rd	4Rd	5Rd
1	M0632	Sascha	Durrer	LLG Wonnegau	M20	1	0:14:23,95	0:14:25,00	0:02:42,90	03:05,45	03:03,25	02:48,35	02:45,05
2	M0643	Kai	Vogel		M40	1	0:14:56,90	0:14:57,40	0:02:58,95	02:59,00	03:02,45	03:02,80	02:54,20
3	M0648	Peter	Schwalbach		M40	2	0:15:44,10	0:15:44,10	0:03:03,10	03:02,80	03:12,65	03:11,10	03:14,45
4	M0601	Timo	Bauer		M40	3	0:15:44,30	0:15:45,15	0:03:01,20	03:06,70	03:11,00	03:11,80	03:14,45
5	M0635	Tobias	Scholz		MJB	1	0:16:01,20	0:16:01,75	0:02:42,95	03:05,35	03:18,45	03:34,30	03:20,70
6	M0644	Olaf	Thomsen		M50	1	0:16:56,85	0:16:57,20	0:03:03,90	03:20,05	03:28,85	03:35,45	03:28,95
7	M0638	Jonas	Hiesinger	TSV Auerbach	MJB	2	0:17:08,65	0:17:09,75	0:03:23,70	03:26,20	03:35,65	03:24,80	03:19,40
8	M0628	Aron	Köhler		MJB	3	0:17:09,35	0:17:09,80	0:03:12,95	03:36,40	03:35,85	03:24,70	03:19,90
9	M0630	Tim	Backenstoß	SG Jugenheim-Partenheim	MJB	4	0:17:38,70	0:17:39,05	0:03:29,05	03:34,85	03:31,70	03:35,30	03:28,15
10	M0609	Rainer	Schumacher		M35	1	0:17:39,50	0:17:39,70	0:03:25,55	03:33,00	03:33,95	03:34,45	03:32,75
11	M0633	Michael	Klug		M45	1	0:17:45,15	0:17:45,30	0:03:19,10	03:36,25	03:37,75	03:38,25	03:33,95
12	M0605	David	Branding		MJA	1	0:17:49,20	0:17:52,00	0:03:41,50	03:35,15	03:43,35	03:37,10	03:14,90
13	M0629	Ralf	Köhler		M40	4	0:17:56,95	0:17:57,70	0:03:13,00	03:36,40	03:37,90	03:51,20	03:39,20
14	M0615	Julian	Hilpert		MJB	5	0:18:00,80	0:18:03,85	0:04:00,20	03:46,45	03:34,50	03:33,30	03:09,40
15	M0602	Max	Truppe	Stimmel-Sports e.V.	MJB	6	0:18:00,95	0:18:04,45	0:03:35,45	03:33,75	03:40,00	03:43,15	03:32,10
16	M0647	Dominik	Konietzny	AKG 6c	MJB	7	0:18:03,55	0:18:04,30	0:03:25,40	03:38,60	03:38,70	03:49,10	03:32,50
17	M0618	Mirco	Eschger		M30	1	0:18:14,20	0:18:17,50	0:03:35,90	03:28,25	03:40,95	03:47,80	03:44,60
18	M0623	Alexander	Meiserer	Metso Paper Pfungstadt	M20	2	0:18:21,10	0:18:29,00	0:03:53,30	03:38,30	03:41,80	03:46,25	03:29,35
19	M0603	Jan	Hofmeyer	Team Pirate	M30	2	0:18:45,90	0:18:50,60	0:03:27,95	03:36,35	03:57,30	04:00,70	03:48,30
20	M0608	Martin	Möller		M35	2	0:19:21,60	0:19:23,05	0:03:56,25	03:51,55	03:47,80	03:58,00	03:49,45
21	M0624	Christian	Handjojo	Active Learning	M20	3	0:19:42,65	0:19:44,05	0:03:23,75	03:31,55	03:56,10	04:27,00	04:25,65
22	M0620	Dr. Joachim	Rogalli		M35	3	0:19:44,20	0:19:45,20	0:03:50,35	04:02,55	04:02,50	04:02,25	03:47,55
23	M0619	Laurin	Rogalli		MJB	8	0:19:44,25	0:19:44,75	0:03:50,30	04:02,90	04:02,15	04:02,00	03:47,40
24	M0617	Eiji	Ishikawa		M35	4	0:19:51,55	0:19:55,20	0:04:14,55	04:06,50	03:53,70	03:49,70	03:50,75
25	M0634	Lutz	Wichering	Michigan Running Team	M45	2	0:20:13,75	0:20:16,50	0:03:30,40	03:59,75	04:16,45	04:19,65	04:10,25
26	M0616	Jörg	Frommherz	Jog and Rock Laufkurs	M45	3	0:20:32,40	0:20:32,45	0:03:55,35	04:04,75	04:13,40	04:21,10	03:57,85
27	M0649	Uwe	Schuster		M40	5	0:21:34,20	0:21:38,70	0:04:12,90	04:15,70	04:25,40	04:30,55	04:14,15
28	M0640	Andreas	Hubert		M35	5	0:21:58,35	0:22:03,40	0:04:20,05	04:21,20	04:32,55	04:29,05	04:20,55
29	M0642	Sinan	Bilsel		M30	3	0:21:59,40	0:22:03,40	0:04:19,70	04:20,80	04:33,45	04:28,15	04:21,30
30	M0639	Stefan	Hubert		M35	6	0:21:59,95	0:22:03,60	0:04:20,15	04:20,50	04:26,25	04:35,35	04:21,35
31	M0646	John	Guenther		M40	6	0:22:07,25	0:22:11,70	0:05:00,95	04:29,75	04:18,55	04:12,00	04:10,45
32	M0636	Paul Günther	Nepputh	wg runners	M45	4	0:22:27,10	0:22:27,85	0:04:15,00	04:33,55	04:37,70	04:20,50	04:41,10
33	M0622	Yrjö	Ylitalo	Metso Paper Pfungstadt	M45	5	0:22:59,65	0:23:05,60	0:04:43,65	04:38,00	04:41,00	04:35,35	04:27,60
34	M0606	Felix	Janisch		M20	4	0:23:06,95	0:23:14,15	0:04:51,60	04:57,75	04:41,25	04:35,00	04:08,55
35	M0641	Sascha	Hanss		M35	7	0:23:34,10	0:23:37,80	0:04:20,70	04:21,50	04:43,45	04:53,55	05:18,60
36	M0645	Alexander	Spyrka		M20	5	0:24:58,40	0:25:03,30	0:04:29,15	04:50,90	05:16,70	05:23,15	05:03,40
37	M0627	Sven	Bornert	TV Bensheim	MJA	2	0:25:11,05	0:25:14,10	0:04:25,50	04:37,00	05:01,60	05:30,65	05:39,35
38	M0600	Antonio	Carrasco	Jog and Rock Laufkurs	M35	8	0:25:39,90	0:25:41,95	0:05:00,65	04:44,20	05:36,95	05:12,05	05:08,10
39	M0626	Joachim	Rothe	Jog and Rock Laufkurs	M55	1	0:29:07,20	0:29:08,50	0:05:39,25	05:54,35	05:58,50	06:00,00	05:36,40